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The Maryborough District  
**Advertiser**





PAGES 6-8

## Welcome to the 2023 edition of The Maryborough District Advertiser's 24 Carat Living.

The team here at *The Advertiser* are passionate about promoting the place we work, live and play in, and what better way to do that than with a highlight reel of the region through 24 Carat — the only annual product of its kind in this shire.

We showcase what the Central Goldfields Shire has to offer to our current residents and those looking for

a change of pace, plus businesses and industry ready to expand or start a new venture.

Sit back, relax, and let us do the hard work for you — explore local eateries, events and services, hear first-hand why families are moving the Maryborough way, plus see a special profile with four local real estate agents who have all the insider knowledge when it comes to putting down roots.

— **Christie Harrison, Editor,**  
**The Maryborough District Advertiser**



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### ON THE COVER

Getting out in nature is one of the key elements the Central Goldfields Shire has to offer, whether it's getting back to the land to raise a family or enjoying the relaxed, natural surroundings later in life.

On the cover is local Barb Williams, whose passion for birdwatching has been spurred on by the bushland around her home in Amherst.

Read Barb's story on Pages 54-55.

PHOTO: Prealene Khera

The Maryborough District  
**Advertiser**

For advertising and editorial inquiries for our 2024 edition, contact [editor@maryaddy.com.au](mailto:editor@maryaddy.com.au), [advertising@maryaddy.com.au](mailto:advertising@maryaddy.com.au), phone our office on 5461-3866 or visit [maryboroughadvertiser.com.au](http://maryboroughadvertiser.com.au). This magazine is published by Maryborough Regional Newspapers. © August 2023.



# From paddock to plate

**T**here's an appeal to establishing your business here in the Central Goldfields and you don't have to go very far to find it — just ask the Camerons.

Husband and wife duo Lachlan and Sophie set their hearts and minds on establishing their very own sustainable farming business — Percydale Farm — during the COVID lockdowns.

The idea has paid in dividends for the couple, whose initial herd of 40 Australian White sheep to be used for their own consumption developed into a paddock to plate business idea.

“Our initial goals were based on producing the most nutritional lamb possible for our own consumption, but as our flock started to grow we couldn't keep up with eating our own lamb,” fifth generation farmer Lachlan said.

“We sold lamb in the general livestock market, but that didn't feel right not knowing where the lambs were going or not being recognised for their superior taste and how they were raised.

“We wanted our sheep to be honoured by consumers who love eating the best quality lamb and who genuinely care about what they eat.

“We investigated alternative markets and sold through a brand that sells direct to the public, and that is where the concept was born to tell our own story and sell our own lamb direct, paddock to plate.”

Packing up their lives in Bendigo and coming back to the Central Goldfields, where they both grew up, was an easy decision to make both for the business and benefits to their family's lifestyle.

“While running a small business with so many moving parts comes with its challenges, farming gives us so much more in return,” Sophie said.

“While pregnant with our daughter we really started to think about how we wanted to spend our days and what life experiences we wanted for our children. Not just in the form of a few times a year, but weekly.

“We talked about how much we loved growing up on farms in central Victoria ourselves and how important it was to provide a similar experience for our children.



**Ellena, Sophie and Lachlan**



“Farming is something productive and outdoors that we can all do together, teaching responsibility, animal compassion, environment management and how food is grown. With the bonus of being able to produce fresh quality food for our family.”

Percydale Farm follows a business model of minimising waste by striving to use the whole animal.

Selling their first products in June of 2022, the business is now hard at work to keep up with demand.

“We’ve honestly been overwhelmed with support,” Lachlan said.

“We’ve learnt a lot since June last year and we’re continually learning and refining our offerings. There are so many moving parts to the business that it isn’t easy.

“We’re farmers which isn’t an easy job, but we’re also doing customer relations, quality control, delivering products, being

accountants and doing our marketing so it’s full on.

“That being said, it’s a very rewarding business venture. It’s something that brings satisfaction to us at the end of the day both in a business sense but also offering that sort of exposure for our daughter.”

Percydale Farm has a view to expand its offerings and provide local cafes and restaurants with their locally grown lamb products, with Fred & Bets cafe in Ararat already on board.

Lachlan feels a part of the business’ success is being based in the Central Goldfields.

“It’s a very supportive environment to be in and I believe people in this part of Victoria value fresh, quality food,” he said.

“There was a market for this here and we grabbed it with both hands.”







Jennifer Latch

## Desire for creativity

**T**he creation of her very own studio has opened local artist and teacher Jennifer Latch's eyes to the shire's desire for creativity.

Jennifer opened JML Arthouse in Moonlight Flat during 2022, influenced by her experience with children and background in education and psychology.

"It's been a desire of mine to have a working space for a long time," she said.

"The pandemic started the ball rolling for me. I was out here with my kids, and also teaching students online, creatively.

"This all came out of a want to bring more access to the community. It was also inspired by my daughter Hazel. She is such a creative kid and knowing how much she needs that outlet shows me just how much others do too."

Given children's access to art was at the front of her mind, Jennifer was pleasantly surprised by the range of age groups which have leapt on board.

"Being regional, young children don't always get the same access to creativity that others do," Jennifer said.

"I believe creativity is so important in any phase of life, let alone the difficult circumstances our kids found themselves in with a global pandemic.



"I have junior tactile classes for young children to explore in nature, but also make a mess freely and walk away while the teenage workshops are more about wellbeing, journaling, exploring art and expression. Adults have really jumped on board. I've had wellbeing groups, birthdays, hens' parties and community groups — which has been a great surprise."

The outpouring of support by local people and organisations has been overwhelming, Jennifer says.

"The Central Goldfields Shire Art Gallery has been incredible, I have been working with them to deliver a range of educational programs and the community support has been just amazing," she said.

"The word-of-mouth power here is great, I'll have people stop me in the street and say, 'you're the one who has that studio' — that's so unique to a smaller community like ours."





“ I believe creativity is so important in any phase of life, let alone the difficult circumstances our kids found themselves in with a global pandemic. ”

Jennifer Latch  
@jml\_arthouse



Hazel and Jennifer

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## Escaping to the country

**C**hris MacGregor and his partner Bec always knew they wanted to raise their two young children in the country, and the impact of the pandemic lockdowns in metropolitan Melbourne cemented the couple's plans.

"We didn't want a farm, we just wanted enough land for the kids to build things and play outside and have the freedom to run around," Chris said.

"When I was a kid, we would go to the local fire tracks and build BMX jumps and the next day the council would rip them all apart. I wanted our kids to have the freedom to explore and build and be safe."

The couple had visited family in Castlemaine, so knew they liked the area. Chris said they were thrilled to find six acres on the outskirts of Maryborough and moved into their newly-built home in January this year.

The past six months have certainly been busy for the family as they adjust to life in a country town. Bec is working as a midwife at the Maryborough District Health Service, while Chris is head chef at The Station Cafe and Restaurant.



Chris MacGregor







Clark, Bec, Chris and Vera

He explained they have both found pros and cons moving to a country town but, so far, the positives outweigh any negatives.

“We have had to adjust to different ways of working,” Chris said.

“Bec was working at Joan Kirner Women’s & Children’s Hospital in Sunshine, where more than 6000 babies are born each year. She loves working in a small team at Maryborough in an environment that is more personal, where she has the time to get to know the families.

“But the things you take for granted working in a large city hospital, such as 24-hour pathology service and more access to pharmacies in the community, means you have to work differently.”

For Chris, joining the team at the Station has reignited his passion for cooking, and he looks forward to developing the menu in the months ahead.

“Simon and David (Station owners) have a great philosophy, we want it to feel like a

place where people look forward to coming to work,” Chris said.

“I’m very happy because they have given me full autonomy to cook whatever I want, set the hours and make nice food and, so far, the feedback has been really good. I do get a little frustrated that certain ingredients I’m used to cooking with aren’t readily available but, as time goes on, I aim to include more local produce.”

Perhaps the most noticeable lifestyle change for both Chris and his partner is the proximity of everything in a country town.

“Before moving we had the daily grind of sitting in traffic for an hour then doing the eight, nine or 10-hour shift and fighting the traffic all the way home,” he said.

“We have found it challenging to adjust to driving on country roads at night with no street lights.

“But the thing we love most about where we are is that if we’re in town, just a few minutes later we’re home, surrounded by farmland.”

# Changing the healthcare story



## Connecting our community to great healthcare

At Maryborough District Health Service your health is important to us. Our vision is to change the healthcare story as we embark on a major transformation to improve health in the region.

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# Changing the pace

**M**aryborough has become a highly desirable place to live, work and play, and as new individuals and families move to region, local work places benefit from the arrival of highly qualified candidates.

With nursing staff high in demand and prime country life style on offer, emergency nurse Mary-Ann Smith and partner Erick moved from New Zealand to Maryborough in April.

Previously a charge Nurse Manager at Auckland City Hospital, Mary-Ann took up the position of Nurse Unit Manager in the Urgent Care Centre (UCC) at the Maryborough Hospital, bringing valuable experience from her time living and working around the globe including her homeland Zimbabwe, South Africa and the UK. Her partner Erick, who worked as solicitor and barrister in South Africa and Zimbabwe, now serves on the board of a software development company.

"The idea of working in a more rural setting in a more focused hospital was very appealing," Mary-Ann said.

"When working in a big city, it was taking me 45 minutes to get to work — I would never finish on time."

With a Masters in Emergency Nursing behind her, Mary-Ann has her sights set on



Mary-Ann Smith

developing the UCC into a centre of excellence, with a big focus on upskilling her team.

"I would love every moment to be a teaching moment. My goal is to make everyone the best version of themselves," she says.

leads classes at a local fitness provider, which has helped her meet new people.

"The whole community is so friendly. Wherever you go, your accent is a giveaway. As soon as you open your mouth people want to know where you're from, how you got here, and you have a conversation," she said.

"As soon as they hear that I'm a midwife with a background as an Emergency Department nurse they say — oh, we're so lucky to have you. They make you feel that the town is a better place for having you here."



## The country lifestyle

Outside of work, the opportunity to experience a different way of life while working in a rural health setting prompted the move to the Central Goldfields.

"Erik and I are very outdoorsy, so this appealed to us a lot, especially as my husband is a keen cyclist, and I have a much better work-life balance in this environment," Mary-Ann said.

"I love going for walks in all the forests — it's so good for the soul. I'm still looking for koalas," Mary-Ann said.

An accomplished group fitness instructor in pilates, yoga, pump and spin, Mary-Ann



## Live, work and learn in the Central Goldfields

Maryborough District Health Services is a leading rural healthcare provider and one of the largest employers in the region. Our purpose is to connect our community to great care. We're changing the healthcare story as we embark on a major transformation to improve health outcomes in the region.

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# SUPPORTING OUR COMMUNITY



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Our Customer Service Centre is located at 22 Nolan Street, Maryborough and is open for cashier payments, Monday to Friday, 9am to 4pm. You can also speak to a friendly member of the team by calling 5461 0610 or emailing [mail@cgoldshire.vic.gov.au](mailto:mail@cgoldshire.vic.gov.au)

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Here's a snapshot of some of the services we provide and details on how you can connect with us.



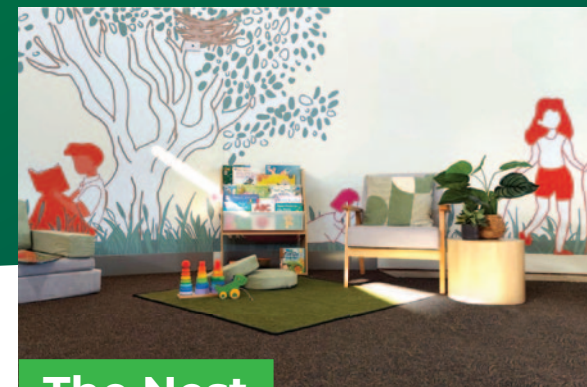
## Goldfields Family Centre

Located at 100 Napier Street, Maryborough, the Goldfields Family Centre is an integrated service offering local families a range of services including Maternal and Child Health, Immunisation, Long Day Care, Family Day Care, Kindergarten and Supported Playgroup.



## Community Care

In-home maintenance, social support groups and meals on wheels are just some of the services our Community Care team provides for eligible older people, young people with disabilities, carers and families.



## The Nest

Council is a proud partner of The Nest – a safe and inclusive parenting space for families from pregnancy to primary age children. The Nest is located at the Maryborough Resource Centre and open for drop-ins from 10am to 4pm Monday to Friday.



## Central Goldfields Visitor Information Centre

Temporarily located opposite the Maryborough Railway Station whilst an exciting, expanded visitor experience centre is being developed at the Station, our friendly Visitor Information team have extensive local knowledge to help welcome visitors to our region. The Visit Maryborough and Surrounds Facebook page also offers fantastic updates about our region.



## Central Goldfields Youth

Our Central Goldfields youth team are making it easier for young people aged between 12 and 25 years to connect, meet new people and learn new skills.



## Central Goldfields Art Gallery

Maryborough is now home to a world class regional public art gallery, with the redeveloped Central Goldfields Art Gallery now complete and open to the public. Come and be inspired by our diverse range of exhibitions. Entry is free, please visit our website for opening hours.



## Maryborough Regional Library

Library lovers in the Central Goldfields are spoilt for choice with library services available across Maryborough and Dunolly, children's programming, school holiday program and online resources.



## Join our team

If you are passionate about delivering great customer service, working for a progressive and innovative Council, and making a difference to your local community then consider a career or volunteer role with us. Visit:

[www.centralgoldfields.vic.gov.au/  
currentvacancies](http://www.centralgoldfields.vic.gov.au/currentvacancies)

## Connect with us

Want to stay up-to-date with the latest news and information from Council?

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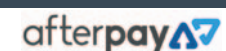
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**OH WHAT A FEELING**



# A year in the Central Goldfields

Take a look at some of the Central Goldfields Shire's diverse annual events, some dating back to the 1850s and others running for the first time this year



Highland Gathering

## Highland Gathering

While some spend New Year's Day nursing a hangover, Maryborough comes alive on January 1, and has done so since 1857.

The day pays homage to the area's strong Scottish ties, originally formed by Scottish gold prospectors, squatters and businessmen in an attempt to recreate the New Year celebrations of their homeland.

A parade starts the day full of Highland dancing and pipe bands, before moving to Princes Park for competitions and showcases.

The Highland Gathering is the longest continuous running sporting event in Australia, with all day track events highlighted by the prestigious 120 metre men's and women's Maryborough Gifts.

To date, the only world events able to put a pause on the Gathering was World War II from 1942-45, and during the COVID-19 pandemic.

Wander through stalls, food trucks and be amazed by the strong men and women events and competitive wood chopping.

## Goldfields Community Festival

A new event on the calendar is the community festival, held on a beautiful summer's day for the first time in March this year by local organisation Go Goldfields in partnership with the Committee for Maryborough and Rotary club.

This free festival celebrates some of the best aspects of the community, with stalls from local services and community groups, music, and family activities including games and rides.



Goldfields Community Festival

## Energy Breakthrough

If you've only heard one thing about Maryborough, it's likely the Energy Breakthrough.

This unique event has taken over the town every November since 1991, with thousands of students, teachers and visitors streaming in from across Victoria and interstate.

Students work together to design and construct a vehicle, a machine or innovation in technology that represents an 'energy breakthrough', competing in categories from coding robots to pushcart obstacle courses.

The main event is on the track with the trike trials.

This event runs for 24 hours straight, and sees secondary students work in teams to guide their uniquely designed trikes, some human powered and some with energy efficient motors, around the track — some teams can cycle almost 900 kilometres.

It may be an education-based event, but the Energy Breakthrough is always a highlight on the calendar, offering extra activities to onlookers including robotics displays, live music, arts and craft.

It's also an entry point into local volunteering as the Energy Breakthrough is supported by more than 1000 volunteers in all kinds of roles.



Energy Breakthrough

## More on the calendar

### Words in Winter

[facebook.com/wordsinwintercentralgoldfields](https://facebook.com/wordsinwintercentralgoldfields)

### Tiny Towns Arts Trail

[tinytownsartstrail.com.au](https://tinytownsartstrail.com.au)

### Laanecoorie Gold Bash

[facebook.com/laanecooriegoldbash](https://facebook.com/laanecooriegoldbash)

### Dunolly Gold Rush Festival

[facebook.com/DunollyGoldRushFestival](https://facebook.com/DunollyGoldRushFestival)

### Pride Festival Maryborough

[pridefestivalmaryborough.org.au](https://pridefestivalmaryborough.org.au)

### Redwood Carnival - Harness Racing

[www.maryboroughharness.com.au/history](https://www.maryboroughharness.com.au/history)



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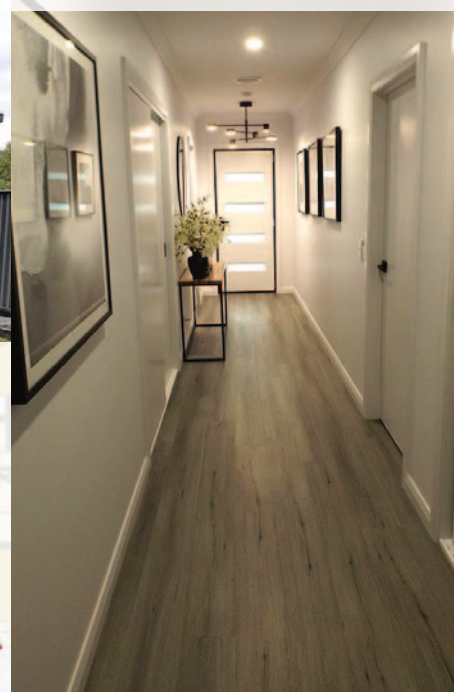
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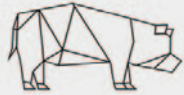
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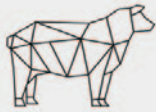


# REUSING ANIMAL BY- PRODUCTS

Our production processes are based on different animal by-products from a range of different industries, contributing to the reduction of food waste. The raw materials used in our ingredient solutions come from the following sources:



Porcine origin



Ovine origin



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Sonac Australia produces unique products for parent organization, NYSE listed Darling Ingredients Inc, founded in 1882. Darling is a global leader in the production of the highest quality sustainable protein and nutrient recovered ingredients, with over 270+ locations worldwide.

Sonac Maryborough is the only specialist blood product company in Australia, producing protein rich plasma powder and hemoglobin powder. These natural and functional ingredients are used in pet food manufacturing as binding agents, for palatability and gut health.

Sonac Australia products are also important nutrition sources in aquafeed and in the diets of non-ruminants like poultry and pigs in their informative first days to improve health and reduce the use of antibiotics.

**Sonac Australia - striving to be an employer of choice educating and upskilling 30+ employees in a safe workplace.**



## Forefront of sustainability

**Converting a waste product to valuable nutrition and returning water to the environment puts Maryborough business Sonac at the forefront of sustainability in the region.**

The large shed on the road to Dunolly, six kilometres from Maryborough is home to a unique business — Sonac collects and processes animal blood from abattoirs across south-eastern Australia, separating blood into plasma and haemoglobin, and converting into protein powders for pet food, animal production and aquaculture industries. As a byproduct of the process, some 15 million litres of class B recycled water is reclaimed and provided to the local Maryborough community. Sonac’s parent company Darling Ingredients has been recognized globally

as an ‘ESG Industry Top Rated’ company in 2023 by ratings firm Morningstar Sustainalytics ahead of Sonac’s \$15 million expansion project, with a new Box Dryer commissioned around July 2023. The Water Treatment Plant and New Entrance is expected to be completed later in the year. A new dry room and wastewater treatment plant will allow the organisation to significantly increase output. The upgrade will help output increase whilst improving the facility’s sustainability practices even further. Alongside sustainability, the Sonac team is focused on team culture. The entire team joined forces to develop a culture paradigm called CAIR’s, which provides the framework for a successful, respectful, and enjoyable workplace. Sonac believes that if every employee lives their collective values, they will have a direct and positive contribution to the workplace — and most importantly, enjoying their day.





## Local employment the key

McPhersons offers apprenticeships and training programs to ensure staff are given the skills needed to perform tasks that are quite niche compared to other manufacturing sectors.

They encourage the next generation to take on the challenge of learning a trade in an industry that has not only stood the test of time, but continues to grow and expand.

Offering opportunities like tours to local schools gives young people a sneak peek into what goes on behind closed doors.

Local service providers and suppliers are the preferred port of call for McPhersons, not only for convenience and time saving factors, but because local businesses offer the highest level of service and skills there are. They are often the best in their fields.

Trades, freight companies, couriers, hardware supplies and even cafes are some of the important local players contributing to ensure that McPherson's uphold the mantle of being the best in the business.

Business growth means creating more jobs to encourage more people to stay in the area, allowing people to work closer to home, but also improving the quality of life for the community by increasing revenue, creating a more self-sustainable community, and bringing the community together.

## The next chapter

**One of the leading book printers in Australia, McPherson's Printing has a long and proud history in Maryborough — providing jobs and stability since 1946.**

In June 2022, McPherson's Printing became part of what is now the biggest book manufacturing business in the country when the Australian Competition and Consumer Commission approved the sale of Ovato's South Australian book printing division, Griffin Press, to Opus.

A great deal of ongoing commitment is required to uphold such a mantle, with growth and expansion being the keys to long-term success.

From labour requirements, service and product needs, the local community of

Maryborough and surrounding districts have a plethora of skills and experience to offer.

According to McPherson's, the community plays an important role in order for the business to fulfil client demands, provide the best products and services possible and remain competitive in a world where customers want products delivered in the shortest time possible; in some cases, as little as three days.

The challenge lies in McPherson's rural location, without the luxuries that big city based businesses take for granted — but for McPhersons, overcoming these challenges can offer the greatest of rewards.





# A word from the real estate experts

## “Undiscovered gem”

**Craig Bell**  
First National Real Estate

**I've lived here all my life, which is more than 60 years.**

My wife is a nurse at Dunolly and we raised our three grown up girls here. Two are teachers and one is a scientist.

I'm involved with the Carisbrook footy club and until recently was on the board at Havilah for about 25 years.

Sometimes it seems a lot of our locals don't really appreciate how great Maryborough is. In real estate we see it all the time — when we have people come in and buy a place and rave about how terrific the town is with great shopping, easy access to everything, the weather is good, it's affordable.

Plus, it has geographical benefits; you're only two hours from Melbourne, the beach, the Grampians or the Murray River. We have access to the wineries, fishing at Laanecoorie and Cairn Curran.

Maryborough is an undiscovered gem



as far as what we offer — four supermarkets, a hospital, great schools — but it still has a really nice country feel about it and the people are the salt-of-the-earth. These are all the things we take for granted.

When the pandemic happened, the increase in property prices was exponential. I've been in real estate for 39 years; it was the strongest growth we had ever seen, I've never experienced a real boom like we had during COVID.

People saw the virtue of getting out of the city and lifestyle properties were really popular, especially with the ring of steel around and the relatively good freedoms we had here compared to Melbourne.

We still get a lot of enquiries but not to the same intensity. It has become more stable and more normal style of market. Pricing is still good we haven't seen any reduction, our growth is very solid, like a building block.

## “Affordable and friendly”

**Jacinta Clifford**  
Professionals

**I moved to Maryborough 17 years ago with my husband and two children.**

Our children were raised in Maryborough and attended kinder, primary and high school here.

Over the years I have been involved in many sporting committees and groups and have made lifelong friends by doing so.

Apart from working six days a week, in my down time I enjoy cooking, gardening and the odd wine with friends and family.

I often tell my clients the best thing about Maryborough is that even if you don't know anyone, walking down the main street people look you in the eye



and say good morning.

It's the kind, friendly nature of living in a small town that you don't get in larger towns anymore.

Obviously during the pandemic things went a little crazy and we saw unprecedented prices in our town.

Being a regional town with great amenities and close to Bendigo and Ballarat has always made Maryborough attractive to buyers, and we are still seeing that demand and prices holding in such an uncertain market.

Our affordability compared to other towns around us brings varied buyers such as new home buyers, young families, tree-changers, and downsizers.

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## A word from the real estate experts

### “A place to call home”

**Lynelle Trickey  
Barry Plant**

**I have lived in Maryborough all my life.**

I attended primary and secondary school here, and my son has done the same.

I started my own hairdressing business in Dunolly at the age of 20 and had it there for 15 years before going into hospitality and then venturing into the world of real estate.

I have been involved in the community with different sports including netball, softball and pony club — I have been involved with the Royal Park Football Netball Club, where I am now a life member, since I was six. I've also been a board member of the Maryborough



Highland Society.

I love spending my free time with family and friends and have just found a new passion playing social golf.

Maryborough is a great little town, we have everything we need here and being in central Victoria, the advantages are if you don't feel like driving to the major regions you can jump on a train.

Covering both the sales and rentals side of the Barry Plant business I get so much satisfaction being able to help people secure their ideal property.

Over the last few years we have seen many people come to our region to secure their homes because of the affordability in both purchasing a home and renting.

### “Potential for growth”

**Kate Ashton  
Maryborough Ballarat Real Estate**

**In my 20 years as a real estate agent in the area, I'm very pleased to say that changes happening locally are positive and it's very exciting to see the potential of growth in the future.**

Our refurbished art gallery supports local and visiting artists. The Maryborough Hospital upgrade will increase support for our local healthcare along with training and employment.

It's exciting to have conversations with people who haven't been familiar with what Maryborough and surrounds offers. We are happy to hear that it's much better than they thought — not just that we have beautiful architecture from days gone by, we also have modern facilities, a great retail precinct, chain stores as well as many independent businesses.

As an active and professional real estate agent it's so important to live in the community that we are encouraging others to join.

I've lived in the Central Goldfields region



since I was 12 when my family moved to Dunolly. I was educated in Maryborough then went to university in Ballarat before running a restaurant in Dunolly for 13 years as a single mum. I have proudly worked at Maryborough and Ballarat Real Estate for the last 18 years as sales manager.

My family is so very important to me and I'm fortunate my parents live very close to me. Anna and Phillip Ashton are well known in the music and arts scene.

I'm happily an ambassador, both locally, interstate and internationally to tell friends, family, colleagues, and strangers about what an amazing part of the world I'm fortunate and privileged to be a part of. I don't take this lightly.

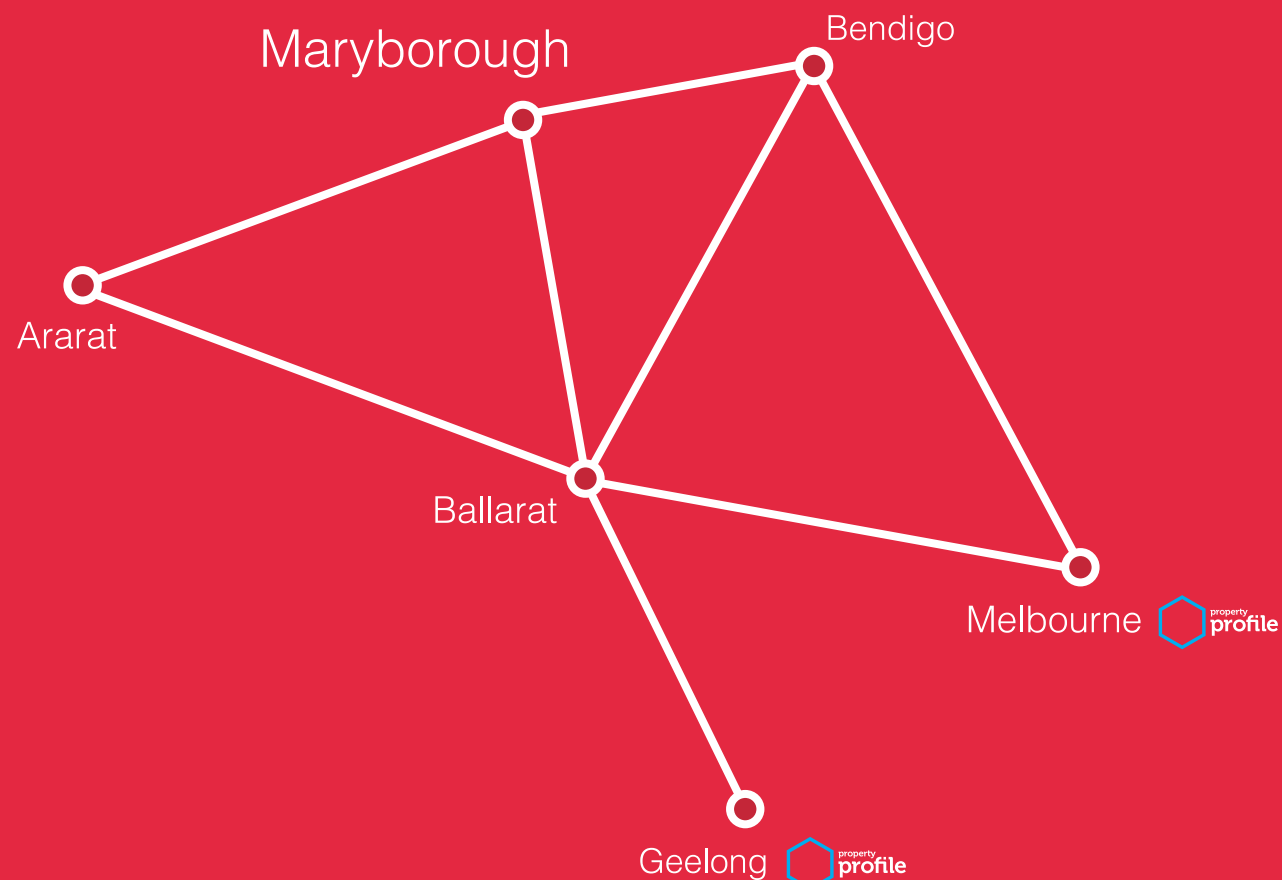
In my opinion, the best thing about being in this region is that it is a friendly happy place to be with so many services available, such great community spirit and located so we can go in any direction and be somewhere different within a few hours and enjoy coming home to our communities.



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# PROPERTY

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Kate is happy to promote the benefits of living and investing locally to create your lifestyle within our regional communities. The choice is yours, and now might be the time in your life to discover why so many move to the heart of the goldfields or choose to relocate within the region to stay local in the community.

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# Labels with a difference

**M**elbourne's pandemic lockdowns gave Tom Noonan the push to move back to his hometown of Maryborough, but it also got him thinking — what parts of the city could he bring to the country?

Now the owner of local retail store Freddy & George, Tom said while he lapped up the city life, moving back allowed him to follow his passion.

"I grew up in Maryborough and I moved to Melbourne when I was 18. I was working in Melbourne and after the lockdown I moved back and was working from home. I started Freddy & George online just to see how it would go and then opened the store 4-5 months afterwards," he said.

"Moving back, I noticed that the demographic and the demand of the area has changed. With my stock, I really think about the kind of pieces and labels that would be great to have in person, that we may not have had access to in the past.

"The support has been amazing, but it's been important for me to support the community back as well by shopping at other local businesses, sponsoring local events and groups — it's all part of the deal of being a business in a small town."

One difference that sets Freddy & George apart is its consignment program, which allows people to sell high-end items second-hand — an idea that Tom credits to his time in the city.

"The consignment section of the business is relatively new. I used to shop consignment all the time in Melbourne, it's a great way to access pieces that you might not be able to directly off the rack," he said.

"In this economy who doesn't want that option, it's also a great way for people to clear out their wardrobe and for pieces to be worn multiple times.

"I'm trying not to bring on anything fast fashion, more those big brands that you invest a lot of money in to give them a new life."



Tom Noonan



Freddy & George  
@freddy.and.georget  
105 Nolan Street, Maryborough





## Hitting the right notes

**Rick Bennett**  
@maryboroughmusicmill

**T**ucked away inside a local 19th century landmark lies an enterprise with the potential to strike the right chord and elevate Maryborough to new musical heights.

For musician and producer Rick Bennett, it was a lifelong dream to create a space for artists to come together and create music in an alternative creative environment — and in 2021, during the midst of the COVID-19 pandemic, he seized the opportunity to realise his goal and breathed life into the town's old flour mill, converting part of the site into what is now known as the Maryborough Music Mill.

Surrounded by exposed brick walls and rustic wooden beams, Mr Bennett's music production studio is created around the mill's industrial space where the past meets the present — with analog equipment mixing in with digital gadgets and cameras to live stream performances, his brand uses an "unconventional approach" to record music which sounds professional and full of character.

"We think outside the box a little," he said.

"Nowadays studios have become very clinical. During recording, they isolate every

instrument with acoustic panels and try to get a very clean sound but as a result of that it becomes very sterile.

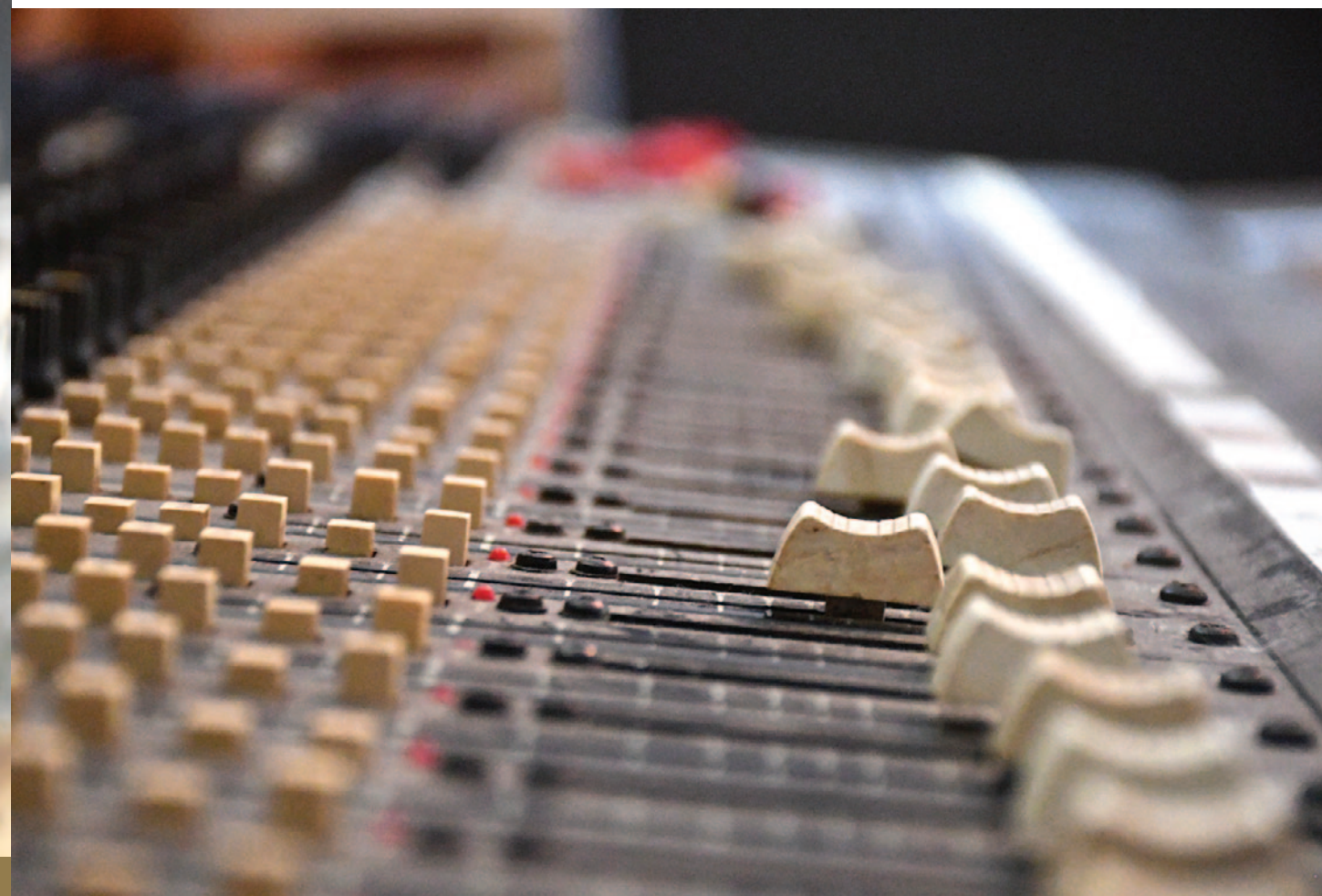
"The way I like to go about recording is more old-fashioned which often has the musicians all in one room 'vibing' it out, and there's the sound of the room in the song itself — if you actually look at older recordings you can hear banter and a lot of imperfections in them which has its own charm and warmth that's sort of been lost in modern studio environments."

Apart from Mr Bennett's distinctive recording style, the studio's unwavering commitment to supporting local talent also sets it apart — serving as a platform, the Music Mill brings Maryborough's gifted musicians together.

"It's just been really rewarding — discovering all these local artists," he said.

"I had no idea that Maryborough was full of secret closeted musicians who were exceptionally good and that was a real revelation for me, it was an eye opener.

"The last thing I was expecting was to find an abundance of brilliant musicians around and before the music mill they just didn't seem to have a place to gather together to





play music. They can now come here and feel at home, feel vulnerable and creative in their performances.”

Not only is the studio encouraging local artistic expression, it is also shifting the spotlight onto the Central Goldfields town.

Throughout history, Mr Bennett said, studios in obscure places have proven to be the birthplace of unique sounds and extraordinary talents, and the Music Mill is determined to follow in those footsteps.

“This exposes what Maryborough has to offer,” he said.

“I really like that idea of people no longer being able to dismiss this town. I’d certainly love to establish that reputation as this being somewhere that not only presents an alternative, but also has an abundance of art, good music, and good taste.

“The opportunities here are just endless — there’s so many resources out here in the form of very talented musicians.”

While it has worked towards uplifting the town and community, establishing the Music Mill has not been without its challenges.

“I unfortunately struggle from a lot of physical health issues and I was also in a bad car accident so I was having a hard time with certain fields of work and it made

it difficult to hold up a job which is when I figured that I should try and make a positive out of a negative and take some initiative to create the Music Mill,” Mr Bennett said.

“I could not only do what I love but I could also get a bit of income coming in and create some flexibility to see to my health problems.

“I’ve definitely had to struggle a lot with financial constraints as well but I don’t know if I could do it without the struggle.”

Mr Bennett’s journey has not been without hurdles, but he sees the value in paving the way for the younger generation — hoping to inspire and support aspiring musicians.

“One of my goals is to try and create not only economic but creative opportunities for artists, where they might not have otherwise existed,” he said.

“The most powerful thing I think about what I’m doing is being able to see that unfold and watch those opportunities come to fruition.

“For me, the more that I can help younger people avoid the struggles I faced, the more room there will be for arts and culture.”





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# A new taste in town

**B**ec Ettridge's philosophy is "vegan by stealth".

What that means for customers visiting Maryborough's first vegan eatery, Milo Cafe and Store, is they can enjoy a great meal, without realising it's vegan.

"There's nothing that says 'vegan' in the cafe," Bec said.

"Milo is just a really great cafe with yummy food that happens to be vegan.

"I think that's the thing a lot of people think it's going to be something really weird or unusual.

"We're not coming up with wacky menu items. It's standard cafe fare done really well, it just doesn't have animal products."

Bec opened Milo Cafe and Store at 118 High Street Maryborough in November 2022.

It's the second vegan eatery she has opened, having successfully operated Wombat cafe on the Mornington Peninsula, which she recently sold.

Bec and her husband moved to the goldfields region with no intention of starting another cafe.

"We moved out this way because we found the dream property to have all of our animals on," Bec said of their home near Evansford.

"I swore I would never have another café ever again."

Bec explained her and her best friend talked about how great it would be to have a vegan eatery locally.

"This went on and on for years and then it was just like, well I think I'm going to have to do it," she said.



“I’m not in it to make a huge amount of money, I’m in it because it’s something that I feel passionate about and it’s like my version of activism and creating a better world for animals.”

Bec said the response to the cafe has been “incredible”.

“On the weekends we are finding people are travelling from Castlemaine, from Ballarat, Bendigo, Bridgewater, they’re all sort of coming over because there’s no vegan cafe anywhere in the region,” she said.



**Bec Ettridge**  
**@milocafeandstore**





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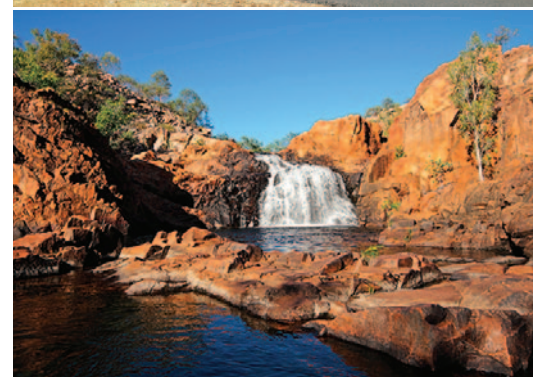
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## Get back to nature

**Whether it's prospecting, hiking, horse riding, photography, painting, golf or cycling, the Central Goldfields provides plenty of opportunities to venture outdoors and pursue your favourite hobby.**

Maryborough is surrounded by state forests and national parks. Although this can make driving on the roads a little challenging, especially at night, it means many residents have wildlife living on their doorstep.

Travelling throughout the goldfields it is not uncommon to come across kangaroos, wallabies, possums, echidnas and the occasional snake.

Barb Williams has lived in Amherst — a 20-minute drive from Maryborough — for the past 40 years. The former prep teacher and avid birdwatcher said the unique landscape of the goldfields provides the ideal habitat for many species of birds, reptiles and larger wildlife.

"Because of the concentration of box iron bark trees in our area, along with the associated plants and shrubs, we have birds that thrive in this environment," Barb said.

"Spring is probably the most popular time for birdwatching in the goldfields; this is when many wildflowers start to bloom attracting migratory birds and providing rich feeding opportunities for different species. In spring many birds will be nesting, courting or defending territory by sitting up

on top of the branches and calling their little heads off.

"Many patches of undisturbed bushland will provide both birds and wildflowers, like Paddy's Ranges, Maryborough Regional Park and the Havelock Forest.

"Different birds require different habitats. A good spot to stop would be somewhere near a source of water like a creek or a dam. Generally, valleys with good tree and shrub cover will be more productive than a high bare hill."

While keen birdwatchers don't have far to travel to find birds in their natural environment, Barb said it is easy to attract native wildlife to the garden.

"At home provide dish of water, not too deep, for birds to drink and bathe. Ensure it is away from cats, preferably off the ground," she said.

"For year-round enjoyment in your garden, nectar producing plants will attract many birds, while insect attracting plants are important food sources for animals and birds. Whether it's in our garden or the nearby bush, we are so lucky to witness the increased activity and growth in the animals, birds and plants that depend on this habitat."

### **Get out in nature with:**

**Maryborough Field Naturalists' Club**

[mbfieldnaturalistsclub@gmail.com](mailto:mbfieldnaturalistsclub@gmail.com)

**Field Naturalists' Club of Ballarat**

[fieldnatballarat.wordpress.com](http://fieldnatballarat.wordpress.com)





# Family first at Havilah

**F**amily is the cornerstone of Havilah's latest staff attraction strategy.

More than just a phrase, for Maryborough's aged care organisation, 'family comes first' is the fundamental idea behind the service provider's decision to roll out new shift hours.

Running from nine in the morning to three in the afternoon, Havilah's 'parent shift' is aimed at people with young children in school looking for flexible working arrangements.

"I feel wonderful that we at Havilah are able to provide this kind of flexibility to our community," Havilah Hostel director of care Stacey Perry said.

"It shows our sense of commitment to the community. We want people to have something that works better with their own lifestyle."

A part of the core team, Stacey used her personal experience as a mum to think outside the box for a solution to the staff shortage problem currently plaguing the health sector.

"As a parent of five children, I understand how [rigid] shift work can be quite difficult," she said.

"I've got a really good understanding of that from a parents' point of view. I know how challenging it can be when you're involved in any kind of care work — it's a challenge to suit that with your lifestyle when you have young kids.

"If we can be flexible with the parents, it'll get them back into the workforce in a way that will give them a good work life balance and will suit their family lifestyle."

With its doors wide open, Stacey said those interested in applying for the shift should not hesitate to contact the organisation and should also witness the family-centric approach for themselves.

"I just encourage people to come, try it and have a conversation with us. We're happy to show them around the facility. We've got really good induction processes so everyone would be very well supported," she said.

"We have a very thorough understanding of family always coming first.

"There is that understanding that sometimes kids do get sick, they can't go to school, they can't go to daycare and we can accommodate all that."

In addition to offering employment, individuals participating in the parent shift at Havilah will also have a unique opportunity to pursue a Certificate III in Individual Support. The training will be conducted by Partners in Training Australia, and eligible candidates will receive payment while studying and completing practical placements as part of the course.



**Havilah**  
5461-7383  
[careers@havilah.org.au](mailto:careers@havilah.org.au)





# Accommodation in the Central Goldfields

Tourism operators in the Central Goldfields have noticed an influx of visitors, with many new to the area expressing surprise at what the region has to offer.

Whether it's a weekend away or a weeks-long adventure of discovery, when it comes to accommodation options in the goldfields, travellers have a range to chose from.

If you are stopping over for one night or spending time exploring the region, Maryborough offers everything from free bush camping, modern caravan parks, contemporary roadside motels and the finest in luxury accommodation.

## Bristol Hill Motor Inn



1 High Street, Maryborough  
P: 03 5461 3833  
[www.bristolhill.com.au](http://www.bristolhill.com.au)

## Bull & Mouth Hotel



119 High St, Maryborough  
P: 03 5461 3636  
[www.bullandmouthhotelmoryborough.com](http://www.bullandmouthhotelmoryborough.com)

## Chesterfield Cottages



2 Ballarat St North, Talbot  
P: 03 5463 2002  
Email [gerard@jeremiah.com.au](mailto:gerard@jeremiah.com.au)

## Court House Hotel Talbot



12 Camp St, Talbot  
P: 03 5463 2204  
[www.facebook.com/courthousehotelitalbot](http://www.facebook.com/courthousehotelitalbot)

## Dunolly Caravan Park



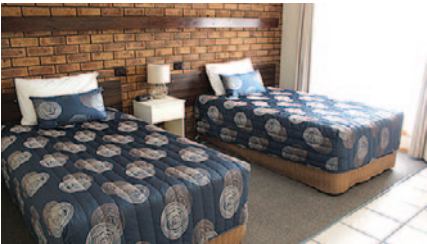
46 Desmond Street, Dunolly  
P: 03 5468 1262  
[www.dunollycaravanpark.com.au](http://www.dunollycaravanpark.com.au)

## Golden Country Motel, Cabins & Caravan Park



134 Park Road, Maryborough  
P: 03 5461 1101  
[www.goldencountry.com.au](http://www.goldencountry.com.au)

## Golden Triangle Motel Dunolly



1846 Maryborough-Dunolly Rd, Dunolly  
P: 03 5468 1166  
[www.dunollygoldentrianglemotel.com.au](http://www.dunollygoldentrianglemotel.com.au)

## Hadenham House



25 Park Road, Maryborough  
P: 03 5461 1136 M: 0408 565 449  
[www.hadenham.com.au](http://www.hadenham.com.au)

## Highlander Haven Motel



72 Sutton Rd, Maryborough  
P: 0407 646 859  
[www.highlanderhavenmotel.com.au](http://www.highlanderhavenmotel.com.au)

## Junction Motel



2 High Street, Maryborough  
P: 03 5461 1744  
[www.maryboroughjunctionmotel.com.au](http://www.maryboroughjunctionmotel.com.au)

## Laanecoorie Lakeside Park



58 Brownbill Reserve Rd, Laanecoorie  
P: 03 5435 7303  
[www.laanecoorie.com.au](http://www.laanecoorie.com.au)

## Maryborough Caravan Park



7-9 Holyrood Street, Maryborough  
P: 03 5460 4848  
[www.maryboroughcaravanpark.com.au](http://www.maryboroughcaravanpark.com.au)

## Wattle Grove Motel



65 Derby Road, Maryborough  
P: 03 5461 1877  
[www.wattlegrovemotel.net.au](http://www.wattlegrovemotel.net.au)

## Whiskey June Gilbert



16 Elgin Road, Maryborough  
[www.whiskeyjune.com.au/product/gilbert/](http://www.whiskeyjune.com.au/product/gilbert/)

## Whiskey June Ruby



22 High Street, Maryborough  
[www.whiskeyjune.com.au/product/ruby/](http://www.whiskeyjune.com.au/product/ruby/)

## Discover the riches of the Central Goldfields!



### Heritage, culture and nature are some of the great highlights that welcome visitors to Maryborough and Surrounds

Maryborough Railway Station – A must-see attraction in an iconic heritage building

- Visitor Centre open 7 days a week
- Discover the story of gold in the area
- Have fun with the Worth its Weight in Gold experience
- Friendly Visitor Information staff will help you navigate the area
- Retail shop
- The Station Café • Restaurant • Bar.

[www.visitmaryboroughandsurrounds.com.au](http://www.visitmaryboroughandsurrounds.com.au)

Just a short stroll away from the Station is the newly expanded and renovated Central Goldfields Art Gallery in the former 1861 Fire Station.

- Changing program of curated exhibitions across three intriguing spaces
- Free entry
- Open Thursday to Sunday 10:00am–4:00pm

[www.centralgoldfieldsartgallery.com.au](http://www.centralgoldfieldsartgallery.com.au)





# Dining Guide

YOUR GUIDE FOR DINING ACROSS THE CENTRAL GOLDFIELDS SHIRE

Diners are spoilt for choice when it comes to eating out in the goldfields. From a coffee and snack on the run to leisurely fine dining in historic locations, the region boasts food to suit every palette and budget. Whether it's Friday night fish and chips or destination dining – sampling the best of local produce – the one thing all venues share is old-fashioned country hospitality.

## Bangkok Thai Restaurant



- Traditional Thai food
  - Indoor & outdoor dining
  - Take-away
- OPEN  
Mon-Sat 12pm - 2pm, 5pm - 9pm  
Sunday 12pm - 2pm, 5pm - 8pm  
96 High St, Maryborough  
Ph: 5460 4445  
bangkokthaimaryborough.com.au

## Bill's Fish Shop



- Fish & chips
  - Hamburgers & souvlaki
  - Home deliveries 5pm-8pm
- Open Tuesday to Sunday  
10am - 8.30pm summer months  
10am - 8pm winter months  
99 High St, Maryborough  
Ph: 5461 1646  
Find us on Facebook

## Bird On A Wire Cafe



- Breakfast & lunch
  - House-made pies & sausage rolls
  - Indoor & outdoor dining
- Mon-Fri 8am - 2pm  
Woolworths Carpark,  
Shop 4/92 Alma St, Maryborough  
Ph: 0401 927 097  
Find us on Facebook and Instagram

## Bull & Mouth Hotel



- Weddings and functions
  - Award-winning country pub
  - Breakfast, lunch & dinner
- Sun, Mon & Tues 9am - 4pm  
Wed-Sat 9am - 10pm  
119 High St, Maryborough  
Ph: 5461 3636  
bullandmouthhotelmaryborough.com

## Carisbrook Bakehouse



- Fresh Bread & Rolls
  - Coffee & Milkshakes
  - Pies, Pasties, Sausage Rolls
  - Salad Rolls
  - Old-style favourite pastries
- Open Tues-Fri 7am - 4pm  
Sat 7am - 2.30pm  
28 Green St, Carisbrook

## Daily Dose Café & Wine Bar



- Indoor/outdoor dining
  - Coffee & cake
  - Catering & functions
- Mon-Sat 8am - 4.30pm  
Sun 9am - 4pm  
102 High St, Maryborough  
Ph: 0448 300 032  
Facebook @DailyDoseCafeWinebar  
Instagram @dailydosecwb

## Britannia Hotel



- Dine-in and takeaway
  - Bistro menu & pizzas
  - Kids menu & playroom
- LUNCH Wed-Sun 12pm-2pm  
DINNER Tues-Sat 6pm-8pm  
Green St, Carisbrook  
Ph: 5464 2223  
Find us on Facebook

## Burgz



- Burgers, ribs & wings
  - Roast meals
  - Slushies
  - Fully licensed
- Open 7 days 10am - 10pm  
Home delivery available  
190 High St, Maryborough  
Ph: 5461 4827  
Facebook & Instagram

## Court House Hotel



- A country hotel/motel
  - Old-fashioned hospitality
  - Pub meals, rooms & prices
- OPEN 7 DAYS  
12 Camp St, Talbot  
Ph: 5463 2004  
Find us on Facebook

## Dunolly Bakery



- Award-winning bakery
  - Traditional country style
  - Bread, pies, cakes, coffee
- Mon-Fri 7am - 5pm  
Sat-Sun 7am - 3pm  
97 Broadway, Dunolly  
Ph: 5468 1331  
dunollybakery.com.au

# Dining Guide

YOUR GUIDE FOR DINING ACROSS THE CENTRAL GOLDFIELDS SHIRE

## KFC Maryborough



- Dine in and drive-thru
  - Home delivery via the MenuLog app
  - KFC app for instore and drive-thru pick up
- Sun-Thurs 10am - 10pm  
Fri-Sat 10am - 11pm  
204-208 High St, Maryborough

## Maryborough Golf Club



- 18-hole course
  - Two bowling greens
  - Bistro open 6/7 days
  - Function venue
- Open 10am to at least 10pm  
Lunch 12 noon - 2pm  
Dinner 5.30pm - 8pm  
125 Park Rd, Maryborough  
Ph: 5460 4900  
maryboroughgolfclub.com.au

## Maryborough Seafood Bar



- Family packs
  - Hamburger deals
- Tues-Sun  
10.30am - 8.30pm  
174 High St, Maryborough  
Ph: 5461 1809  
Find us on Facebook

## Milo Cafe & Store



- Vegan cafe
  - Fresh salads & smoothies
  - Breakfast & lunch
  - Functions
  - Pet friendly outdoor area
- Open 8am - 4pm  
Closed Tuesdays  
118 High St, Maryborough  
Instagram @milocafeandstore

## Noodle Sushi King



- A range of Asian flavours
  - Food to go or dine in
  - Call to pick up
- Mon-Sat  
11am - 9pm  
202 High St, Maryborough  
Ph: 5461 1298  
Find us on Facebook

## The Station by Whiskey June



- Cafe, restaurant & bar
  - All-day breakfast
  - Lunch from 11am
- Open Tues - Sun 9am - 4pm  
Dinner Fri & Sat 6pm - 9pm  
29 Station St, Maryborough  
Ph: 5461 1362  
whiskeyjune.com.au

## Maggies at the Chimney Cafe



- Homemade sandwiches
  - Coffee, cakes and slices
  - Outdoor dining
  - Large area for bicycles
- Open 7.30am every day  
for breakfast  
Daily lunch specials  
Goldfields Shopping Centre  
Ph: 0458 336 979

## Maryborough Highland Society



- Beer garden
  - Sports bar
  - Download our App
- OPEN 7 DAYS  
Lunch 12 noon - 2pm  
Dinner 6pm - late  
35 High St, Maryborough  
Ph: 5461 1480  
highlandsociety.com.au

## McDonalds Maryborough



- Locally owned and operated
  - Providing quality sourced food
  - My Maccas App & delivery
- Sun-Thurs 5.30am - 11pm  
Fri-Sat open 24 hours  
5-7 Tuaggra St, Maryborough  
Ph: 5460 5479  
mcdonalds.com.au

## My Pizza Pasta



- Gourmet pizzas
  - Pastas, sides & salads (available Thursday-Sunday)
  - Pizza deals
- Tues-Sun 5pm - 8pm  
73 High St, Maryborough  
Ph: 5461-2891  
Find us on Facebook

## Parkview Bakery



- House-made cakes & pastries
  - Gourmet focaccias & rolls
  - Daily fresh baked goods
- Mon-Fri 6am - 4pm  
Sat 8am - 2pm  
Sun 8.30am - 2pm  
21 Tuaggra St, Maryborough  
Ph: 5461 4655  
Find us on Facebook

## Steve's Fish & Chips



- Fresh fish & chips
- Serving since 1970

ORDER  
HERE



110 High St,  
Maryborough



# Clubs, Services & Charities

**MARYBOROUGH LIONS CLUB**  
Est 1970




**"We Serve"**

The Maryborough Lions Club has been serving our community with pride for the past 53 years

**Secretary 0456 040 823**

Maryborough **Rotary Club**



Has been working with Local, National and International Communities since June 14, 1952

Meets each Thursday 6.00 pm for 6.30 pm

Check our Website for details: [rotarymaryboroughvic.org](http://rotarymaryboroughvic.org)

Visiting Rotarians and guests are welcome

Contact the Secretary: [secretary@maryboroughrotaryvic.org.au](mailto:secretary@maryboroughrotaryvic.org.au)

Maryborough **MEN'S SHED VICTORIA**



**MISSION:**  
To encourage men to look after themselves and to help others.

**MARYBOROUGH MEN'S SHED:**

- Repairs things for people within the community.
- Repairs things at people's homes or at "the shed"
- Develops friendships

Tuesday & Thursday - 9am-3pm

42 A Newton St, Maryborough  
Call 0417 365 642

**GIRL GUIDES AUSTRALIA VICTORIA**



**We're for girls!**

We offer a girl-led program with opportunities to explore the outdoors, experience adventure, develop confidence in teamwork and leadership and learn lots of different skills.

**Tues 4.30-6.00 pm (ages 6-9)**  
**Wed 5.00-7.00 pm (ages 10-14)**  
**Ranger Guides (ages 14-18)**

90 Napier Street, Maryborough  
District Manager  
Belinda Pritchard 0474 258 598  
[belinda.pritchard@guidesvic.org.au](mailto:belinda.pritchard@guidesvic.org.au)

 Girl Guides in Maryborough Victoria



St George Lodge No. 18 (Dunolly)  
Maryborough Lodge No. 22  
Talbot Lodge No. 42  
Carisbrook Lodge No. 405  
Avoca Lodge No. 213

Formed 17/5/1858  
Formed 21/12/1858  
Formed 14/7/1863  
Formed 20/4/1926  
Formed 12/5/1911

Meets 3rd Monday  
Meets 2nd Tuesday  
Meets 4th Wednesday am  
Meets 1st Monday  
Meets 1st Wednesday



**Maryborough Mark Lodge**  
Formed 6/10/1858  
Meets 3rd Tuesday  
Even months



**Birdwood Royal Arch Chapter**  
Formed 4/6/1919  
Meets 3rd Tuesday  
Odd months



**Central Goldfields Rose Croix Chapter**  
Formed 30/8/1963  
Meets 1st Saturday  
Selected months



**Gladstone Royal Arch Mariner Lodge**  
Formed 27/10/1945  
Meets 4th Wednesday  
on four selected months

## Not for profit organisations



**Maryborough Volunteer Resource Centre**  
Maryborough  
P: 0497 667 480  
E: [maryboroughvrc@gmail.com](mailto:maryboroughvrc@gmail.com)  
[www.facebook.com/maryboroughvrc/](http://www.facebook.com/maryboroughvrc/)



**Mill House Neighbourhood House**  
88-90 Burke Street, Maryborough  
P: 5461 3185  
E: [coordinator@millhousenh.org.au](mailto:coordinator@millhousenh.org.au)  
[www.facebook.com/groups/250881336853460](http://www.facebook.com/groups/250881336853460)



**Maryborough Community House**  
23 Primrose St, Maryborough  
P: 03 5461 4551  
E: [reception@mchvic.org.au](mailto:reception@mchvic.org.au)  
[www.facebook.com/MCHVic/](http://www.facebook.com/MCHVic/)




**Dunolly and District Neighbourhood Centre**  
Havelock Street, Dunolly  
P: 03 5468 1511  
E: [admin@dunnhc.com.au](mailto:admin@dunnhc.com.au)  
[www.facebook.com/dunollyneighbourhoodcentre/](http://www.facebook.com/dunollyneighbourhoodcentre/)

**St Augustine's Catholic Church**

Cnr Burke and Kars streets

**MASS TIMES**

Saturday: 6.00 pm  
Sunday: 10.30 am



Contact 0466 451 984

**Wattle City Church**

10.30 am Sunday

**Pastor Stuart Rodgers**

Ph: 0419 569 818

19 Argyle Road, Maryborough  
(off Railway Street)

**Anglican Parish of Maryborough with Avoca**

Please join us, all are welcome  
Contact Parish Office (03) 5460-5964

**SERVICE TIMES**

**Maryborough: Christ the King**  
6 Nightingale Street, Maryborough  
10 am Wednesday Holy Eucharist  
9 am Sunday Holy Eucharist

**Avoca: St John the Divine**  
108 Barnett Street, Avoca  
11 am 1st and 3rd Sundays Holy Eucharist


**Elmhurst: St Mark's**  
Green Street, Elmhurst  
9 am 1st Sunday Morning Prayer  
5 pm 3rd Sunday Holy Eucharist

**St John's: Dunolly**  
Cnr Barkly & Thompson Streets Dunolly  
10 am 4th Thursday of the month Holy Eucharist

**Talbot: St Michael's and All Angel's**  
Lansdowne Street, Talbot  
11 am 2nd and 4th Sunday Holy Eucharist

**Moonambel: St Paul's**  
Church Street, Moonambel  
1 pm 1st Sunday Holy Eucharist

**SEVENTH-DAY ADVENTIST CHURCH**  
Maryborough



Bible Study 9.30 am  
Service 11.00 am

35 Raglan St, Maryborough  
0497 885 459

**faith.FM**  
88.0 FM

Good News 24/7  
[www.faithfm.com.au](http://www.faithfm.com.au)

**Maryborough Craft Shop**

Local Handcrafts  
Wool & Craft Supplies

NEW MEMBERS WANTED  
Please enquire

**OPEN 7 DAYS A WEEK**

48 Tuaggra St, Maryborough  
(Woolworths Carpark)  
[maryboroughcraftshop@gmail.com](mailto:maryboroughcraftshop@gmail.com)

Ph 0468 857 2511 

**CARISBROOK LIONS CLUB**



**A club you want to be a part of**

Meets second and fourth Monday at Carisbrook Lions Club Hall, Green Street from 7 pm

Visitors and new volunteers welcome

**Contact**  
President Jefferson Hooper  
0427 326 166  
email: [carisbrooklions@hotmail.com](mailto:carisbrooklions@hotmail.com) 

**U3A**

U3A is a world-wide movement which encourages retired and semi-retired people to take part in life-long learning.

Our U3A invites you to share in a pleasant and encouraging environment for the pursuit of stimulating activities, ideas and knowledge.

**FOR MORE INFORMATION PLEASE CONTACT**  
[mainrail2@yahoo.com.au](mailto:mainrail2@yahoo.com.au)  
**P: 03 5461-2121**

**The Maryborough District Advertiser**

The Maryborough District Advertiser has been the Central Goldfields Shire's trusted news source for 166 years. In that time we have adapted and grown to the community's needs to ensure we are doing our best to keep our readers informed and updated. We value all our readers and advertisers and are proud to be publishing this edition of 24 Carat Living.

**24 carat LIVING**

**GOLDFIELDS Getaway**

 **HEALTH SERVICES DIRECTORY**

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Maryborough and District

LOCAL NEWS EVERY TUESDAY & FRIDAY  
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[www.maryboroughadvertiser.com.au](http://www.maryboroughadvertiser.com.au)  
94 Napier Street, Maryborough | 5461-3866

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Barristers & Solicitors



*A local legal practitioner with over 20 years of legal experience and a wealth of local knowledge, carrying on the practice of Patricia Coutts, established for over 60 years.*

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- Wills, Powers of Attorney
- Family Law
- Criminal Law
- General Litigation
- Estate Planning and Probate
- Legal aid available in certain matters

**FIRST HALF-HOUR APPOINTMENT FREE OF CHARGE**

Principal: Margret Bownds BA (Hon) LLB  
137 High Street, Maryborough;  
PO Box 146, Maryborough

**Telephone: 5461-1122**  
**Mobile: 0418 311 591**  
Email: [mblawfirm@bigpond.com](mailto:mblawfirm@bigpond.com)





## PREMIUM FLAXSEED OIL CAPSULES

Taste the difference, experience the quality

Looking for an Australian oil that's rich in Omega 3, supports general health and is cold pressed in small batches to ensure quality and lock in all the goodness?

Introducing Stoney Creek Oil's new Flaxseed Oil Capsules. Quality Omega's the go!

- Flaxseed Oil is the richest source of plant Omega 3 (ALA) - Omega 3 is essential to support general health
- Omega 3 (ALA) - essential for a strong immune system and nutritional balance
- Vegan and sustainable dietary alternative to fish oil
- All seed lines are lab tested to guarantee highest quality available
- Small batch production, from our family to yours

Packaged in Soya vegan friendly soft capsules for your convenience.



✓ 100% Australian  
✓ Gluten Free

✓ GMO Free  
✓ Vegan



Stoney Creek Oil is an Australian family owned and run company and have been supplying premium products to consumers since 1992.

[www.stoneycreekoil.com.au](http://www.stoneycreekoil.com.au)



## Affordable Retirement Living



### Care as it should be

Havilah provides high-quality residential aged care, respite services and independent living that is affordable for all.

Founded in 1995, the philosophy of care at Havilah is to ensure all residents' choices are respected. We provide individualised care in an atmosphere of support where each individual's emotional, spiritual, psychosocial and health needs are met.

Havilah is committed to continuous quality improvement.

**HAVILAH ON HARKNESS STREET** is a 110-bed residential facility. All rooms have private ensuite facilities and are surrounded by spacious and visually attractive communal areas.

**HAVILAH ON PALMERSTON STREET** provides care in modern, self-contained units. Each unit offers a spacious single or twin bedroom, walk-through robes, private ensuite and lounge area. Thirty rooms include kitchenettes and bathrooms that offer freedom and convenience to residents.

**THE TERRACE** — our newest complex adds a further 24 aged care beds to the organisation's existing two campuses. The Terrace is a two-story residence offering the option of spacious single or twin-bedroom apartments, with adjoining walk-through robes leading to an ensuite bathroom.

\*All our facilities offer 24-hour, 7 days a week care.

Phone 5461-7387 | [mail@havilah.org.au](mailto:mail@havilah.org.au) | [www.havilah.org.au](http://www.havilah.org.au)





## Vision

To exceed all expectations with commitment, teamwork & dedication.  
To be the best at what we do.

**McPherson's Printing is proud to be more than just a book printer. Our purpose is to provide an end-to-end content value chain for our customers from start to finish whilst; reducing costs, maintaining creative excellence, offering speed to market & seamless delivery - whatever the challenge, we can meet it.**

**In 1946, a business known as McPherson's (now part of the Publishing Division of OPUS Group), established its first printing business producing can labels in the Victorian country town of Maryborough.**

**More than 70 years later, that same company is now Australia's leading book manufacturer, with many loyal clients such as Allen & Unwin, Hachette and Harper Collins, just to name a few.**

**Books are just the beginning.  
With the latest digital printing technology,  
McPherson's Printing is a trusted name  
in commercial printing.**

**While our technologies constantly  
evolve to stay at the cutting edge,  
our values of honesty, integrity,  
community and commitment  
remain unchanged.**



Pre-press services | Printing | Binding | Embellishments | Mailing/Warehouse | Pre-Retail

76 Nelson Street  
Maryborough Victoria 3465

03 5461 7100  
[mcphersonsprinting.com.au](http://mcphersonsprinting.com.au)